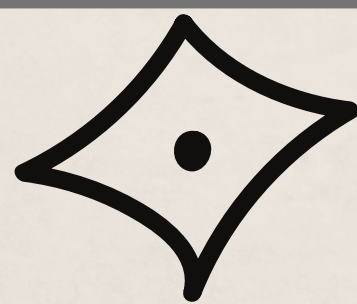


**ARE YOU SCREENING CALLS FROM
YOUR CHILD'S SCHOOL?**



**ARE YOU READY TO THROW YOUR
CHILD'S CHROMEBOOK OUT THE
WINDOW?**

CAREGIVER BURNOUT IS REAL!



JOIN US!

- A FAMILY SUPPORT NETWORK FOR PARENTS AND CAREGIVERS WITH CHILDREN WITH DISABILITIES IN THE NORTHERN REGION
- A SAFE (VIRTUAL) SPACE TO SHARE TRIUMPHS, CHALLENGES...AND DAYS WE'D LIKE TO FORGET!

WE WILL BE SHARING REALISTIC STRATEGIES ON HOW TO CARE FOR YOURSELF AND WILL OFFER SOME TIME TO NETWORK AND CONNECT WITH OTHER FAMILIES WHO "GET IT"!

FREE!

WHEN: JANUARY 25, 2021

TIME: 7:00 - 8:00 PM

WHERE: ONLINE VIA ZOOM

HOW TO REGISTER:

**[HTTPS://LOGIN.MYQUICKREG.COM/
REGISTER/EVENT/EVENT.CFM?
EVENTID=28390](https://login.myquickreg.com/register/event/event.cfm?eventid=28390)**

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